

# Through the Guidance of the Father

Mindy Steenholdt

As I search through the years of my life, I realize the importance of the Lord and His unfailing guidance. I journey through the memories, each containing the presence of the Lord within them. Not a day of my life has ever gone by without the Lord in it to lead me and protect me each step of the way.

I am steadily traveling through my teenage years. Supposedly, these are the hardest years of my life. During these years, I will face many more problems and decisions which I can add to the list of the ones I have already confronted. I do not face these situations alone. No matter what the problem or how hard the decision, my heavenly Father is always beside me leading me in the right direction, the direction He feels is best for me.

Through sickness and health, the Lord is near unto me. He will not leave me or abandon me. He provides me with the strength I need to make it through. When I am tired and weak, He is there beside me, cradling my hand gently within His own.

As my fingers glide lightly over the pictures held within our photo album, I begin to search for the ones when I was like a newly planted tree, not yet fully grown. So much was uncertain. So much was yet to be learned. The path that lay before me was misty and unknown. How tall would I become? What would I look like? Which road would I travel? These questions would all be answered as I grew, but God knew. He knew where my feet would walk and on what ground I would stand, but no one else did. I'm sure my parents prayed that I would travel down the right path, but they could not determine the result. God did, and although I have grown, I am yet to grow some more, not necessarily physically but spiritually.

My favorite and most cherished Bible verse is Psalm 28:7, "*The Lord is my strength and my shield; my heart trusted in him, and I am helped: therefore my heart greatly rejoiceth; and with my song will I praise him,*"

I look at this verse and realize I have nothing to fear, for the Lord is with me and through the guidance of the Father my feet will travel down the straight and narrow pathway. There may be bumps and road blocks but I will make it through. Each unexpected curve I stumble upon will become a bearable obstacle, for in all things, the Lord has provided me with His guidance, His strength, and His protection.

I will continually pray for the Lord to lead me and help me, and through faith and trust in Him I will make it through anything I may face. Also, through faith in Him I have grown and will continue to grow into a strong tree, one that will blossom and flourish. My leaves will not wither.

As I look toward the future, my eyes are unable to focus on what lies ahead because the fog is too thick. I do not know what the days to come will bring, but I do know that through the guidance of the Father my feet will continue to carry me down the straight and narrow pathway which leads to eternal glory with Him.

---

*Mindy is a member of Kalamazoo Protestant Reformed Church.*

Originally Published in:

Vol. 54 No. 8 August 1995